

PERSONAL  
TRAINING

TAILOR MADE  
TRAINING PROGRAMS





## **DANNY KENNEDY**

—

**FITNESS  
ENTREPRENEUR  
AND OWNER OF  
DK FITNESS.**

After hitting the market in 2014, DK Fitness is well renowned in the fitness industry. Danny himself is now recognised as one of the very best personal trainers in the world. His high end techniques are called on by Olympic and professional athletes, celebrities and social media identities alike.

Danny has personally developed online training and nutrition coaching programs for people running families, small businesses and professional lives. His deep knowledge and understanding of current trends and the challenges people face on their fitness journey has seen Danny quickly become a leading expert in the sports nutrition and fitness industry.

### **ABOUT**

**DK**  
FITNESS





PAST CLIENTS

**DK**  
FITNESS



# \$180

## PER SESSION

(no lock-in contracts)

### TAILOR-MADE TRAINING PROGRAMS DESIGNED EXCLUSIVELY FOR YOU.

Danny adapts international coaching and training techniques that to completely reshape your body and transform your life. Take your mental and physical capabilities to the next level with his monthly personal training program. Train with Danny Kennedy and see real results, that last.

### INCLUDED:

- 1 on 1 PT sessions with Danny
- Weekly nutrition consultations & reviews
- Training programs tailored exclusively for you
- Evidence based resistance training
- High intensity interval training (HIT)
- Supplement recommendations
- Guaranteed Results

### ADDED BENEFITS:

- A free pair of Athletikan Sneakers valued at \$129
- A free DK FITNESS sports cap valued at \$40
- For females: Younify Lifestyle Longline Sports Bra & Leggings valued at \$159.98

TRAIN WITH DANNY

PT PRICING

**DK**  
FITNESS

DANNY IS  
RECOGNISED  
AS ONE OF  
THE VERY BEST  
PERSONAL  
TRAINERS IN  
THE WORLD.

70% FEMALE

30% MALE

37.3K  
FOLLOWERS

20K +  
DOWNLOADS  
PER WEEK

The Fitness And Lifestyle Podcast

2.25M  
PODCASTS  
LISTENS

The Fitness And Lifestyle Podcast

300  
EPISODES  
& COUNTING

The Fitness And Lifestyle Podcast

HIS FOLLOWING



PERSONAL  
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**DANNY  
KENNEDY**

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CONTACT

